

Confidential Patient Case History

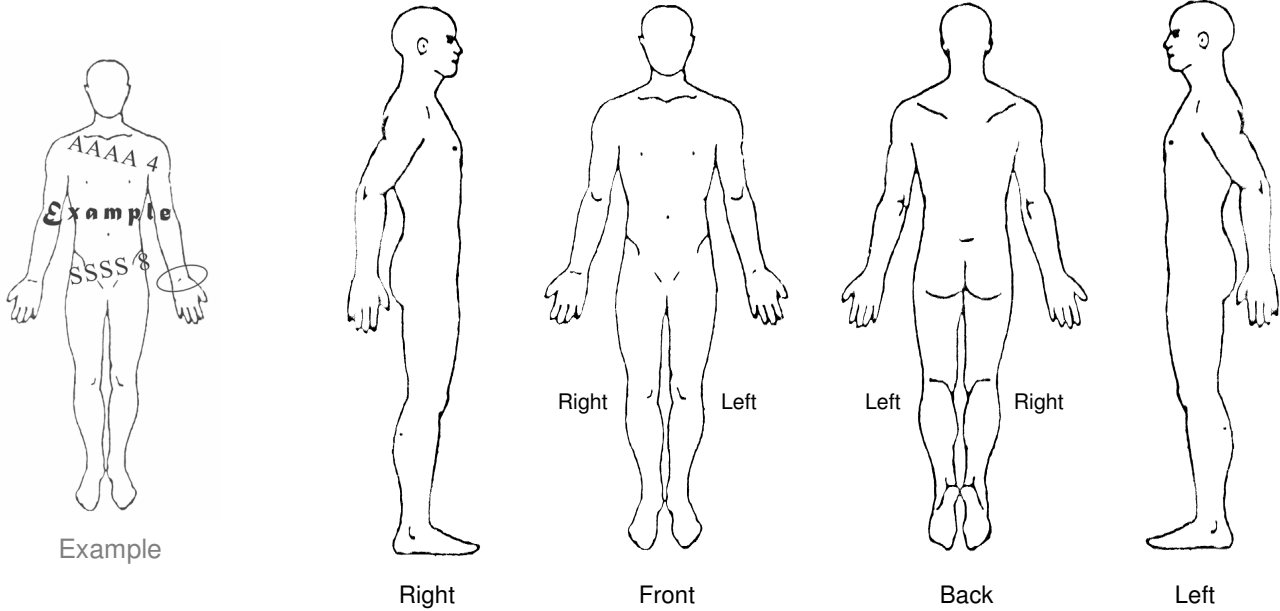
Name _____ Today's Date _____ Home Phone _____
 Address _____ City _____ State _____ Zip _____ Work Phone _____
 Date of Birth _____ Age _____ ☐ M ☐ F Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed Cell Phone _____
 Occupation _____ Referred By: _____ No. of Children _____
 E-mail: _____

Complaints

Please mark area(s) of injury or discomfort as shown below in the example. Indicate the degree of pain using a scale of 1 (discomfort) to 10 (extreme pain).

Description Numbness Pains & Needles Burning Aching Stabbing
 Symbol NNNN PPPP BBBB AAAA SSSS

Circle any area of pain not represented by a symbol



2. Additional Complaints?

☐ Yes ☐ No Please list:

8. If your complaints include pain, is it relieved by?

☐ Nothing ☐ Heat ☐ Sitting
☐ Rest ☐ Stretching ☐ Standing
☐ Ice ☐ Exercise
☐ Other _____

3. How and when did your symptoms begin?

Date _____ Cause _____

9. Have you had recent treatments for this condition?

☐ Yes ☐ No (If Yes, list dates, treatments, and doctors)

4. How often do your symptoms occur?

☐ Occasional ☐ Intermittent
☐ Frequent ☐ Constant
☐ Other _____

10. Has this condition existed in the past?

☐ Yes ☐ No

5. How would you rate your pain today with 0 being no pain and 10 being the worst pain?

☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10
 No pain Worst

11. Since your symptoms began, have you noticed a change in?

If Yes, indicate	Onset date	Duration
Bowel Function		
Bladder Function		
Sexual Function		

6. Are you getting?

☐ Better ☐ Worse ☐ Same

7. If your complaints include pain, is it aggravated by?

☐ Coughing ☐ Reaching ☐ Standing
☐ Sneezing ☐ Lifting ☐ Walking
☐ Bending ☐ Sitting ☐ Neck Movement
☐ Straining at Stool ☐ Other _____

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Review of Systems

1. Are you presently suffering (or within the past six months suffered) from any of the following?

a. General

- | | | |
|---------------------------------------|--|---------------------------------|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Chills |
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Weight Change | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Night Sweats | <input type="checkbox"/> Loss of Sleep | |
| <input type="checkbox"/> Other _____ | | |

b. Skin

- | | | |
|---------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Eczema | <input type="checkbox"/> Rash |
| <input type="checkbox"/> Hair Changes | <input type="checkbox"/> Redness | <input type="checkbox"/> Nail Changes |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Bruise Easily | <input type="checkbox"/> Dryness |

c. Neurologic

- | | | |
|--------------------------------------|--------------------------------------|-----------------------------------|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Convulsions | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Dimness | <input type="checkbox"/> Fainting |
| <input type="checkbox"/> Other _____ | | |

d. Eyes

- | | | |
|---|--------------------------|--------------------------|
| <input type="checkbox"/> Normal | <i>Right</i> | <i>Left</i> |
| <input type="checkbox"/> Vision Trouble | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Pain | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Discharge | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Other | <input type="checkbox"/> | <input type="checkbox"/> |

e. Ears

- | | | |
|--|--------------------------|--------------------------|
| <input type="checkbox"/> Normal | <i>Right</i> | <i>Left</i> |
| <input type="checkbox"/> Hearing Trouble | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Ringing | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Pain | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Discharge | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Other | <input type="checkbox"/> | <input type="checkbox"/> |

f. Nose

- | | | |
|--------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Infections | <input type="checkbox"/> Absence of Smell |
| <input type="checkbox"/> Pain | <input type="checkbox"/> Bleeding | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Other _____ | | |

g. Mouth / Throat

- | | | |
|--|---|---|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Sores | <input type="checkbox"/> Absence of Taste |
| <input type="checkbox"/> Bleeding | <input type="checkbox"/> Abnormal Taste | <input type="checkbox"/> Tonsillitis |
| <input type="checkbox"/> Enlarged Glands | | |
| <input type="checkbox"/> Other _____ | | |

h. Cardio – Vascular – Pulmonary (Heart / Lungs)

- | | | |
|--|---|---|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Varicosities | <input type="checkbox"/> Cough |
| <input type="checkbox"/> Murmur | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Palpitations | <input type="checkbox"/> Blue Extremities | <input type="checkbox"/> Difficulty Breathing |
| <input type="checkbox"/> Swollen Extremities | | |
| <input type="checkbox"/> Other _____ | | |

i. Breasts

- | | | |
|--------------------------------------|-----------------------------------|---|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Dimpling | <input type="checkbox"/> Lumps in Breast(s) |
| <input type="checkbox"/> Discharge | <input type="checkbox"/> Pain | <input type="checkbox"/> Redness / Itching |
| <input type="checkbox"/> Other _____ | | |

j. Gastrointestinal (Stomach / Digestion)

- | | | |
|---|---------------------------------------|---|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Excess Gas | <input type="checkbox"/> Decreased Appetite |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Increased Appetite |
| <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Constipation | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Other _____ | | |

k. Genitourinary

- | | | |
|--|---|--|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Painful Urination | <input type="checkbox"/> Painful Menstruation |
| <input type="checkbox"/> Impotence | <input type="checkbox"/> Sterility | <input type="checkbox"/> Irregular Menstruation |
| <input type="checkbox"/> Bedwetting | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Inability to Hold Urine |
| <input type="checkbox"/> Abnormal Vaginal Bleeding | | <input type="checkbox"/> Prostate Problems |
| <input type="checkbox"/> Other _____ | | |

l. Endocrine (Metabolism)

- | | | |
|--------------------------------------|---|--|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Goiter | <input type="checkbox"/> Heat / Cold Intolerance |
| <input type="checkbox"/> Tremor | <input type="checkbox"/> Sugar In Urine | |
| <input type="checkbox"/> Other _____ | | |

m. Psychology

- | | | |
|--|-------------------------------------|----------------------------------|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Phobias | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Mood Swings | <input type="checkbox"/> Depression | |
| <input type="checkbox"/> Memory Loss or Impairment | | |
| <input type="checkbox"/> Other _____ | | |

2. What hobbies do you participate in?

List Hobbies	Occasionally	Frequently	Constantly
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What are your habits?

	Never	<1	Packs / Day			
			1-2	2-3	3-4	5+
Smoking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Never	<1	Drinks / Day			
			1-2	2-3	3-4	5+
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Never	<1	Cups-Glasses / Day			
			1-2	2-3	3-4	5+
Caffeinated Drinks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Never	<1	Days / week			
			1-2	2-3	3-4	5+
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Drug / Substance Abuse ☐ Never ☐ Yes *If Yes, discuss with doctor*
 Family History: major condition(s) and/or contributory to your condition

Stated Weight _____ Stated Height _____ Blood Pressure _____

Occupational & Daily Living Information

- Job type
 - ☐ Full time
 - ☐ Part time
 - ☐ Temporary
 - ☐ Other _____
- Workweek
 - Hours per day _____
 - Days per week _____
 - Other _____
- Do your present complaints affect the number of hours you work per day? ☐ Yes ☐ No
- Length of time at present occupation _____ years, _____ months
- Job involves
 - Lifting _____ lbs
 - ☐ Never
 - ☐ Occasionally
 - ☐ Frequently
 - ☐ Constantly
 - Additional job requirements
 - ☐ Bending
 - ☐ Twisting
 - ☐ Carrying
 - ☐ Stooping
 - ☐ Turning
 - ☐ Walking
 - ☐ Other _____
- What is your primary work position / location?
 - Position
 - ☐ Seated
 - ☐ Standing
 - ☐ Other _____
 - Location
 - ☐ Desk
 - ☐ Workbench
 - ☐ Counter
 - ☐ Other _____
 - If seated, what type of chair do you use?
 - ☐ Executive
 - ☐ Steno
 - ☐ Bench
 - ☐ Stool
 - ☐ Other _____
- Do you wear shoes or boots with high heels?
 - ☐ Never
 - ☐ Occasionally
 - ☐ Seldom
 - ☐ Frequently
- Are you right or left-handed?
 - ☐ Right
 - ☐ Left
- Do work activities aggravate your present complaints?
 - ☐ Yes
 - ☐ No
- Which of the following best describes your stress level?
 - ☐ None
 - ☐ Moderate
 - ☐ Minimal
 - ☐ Great
- How do you rate your physical activity at work?
 - ☐ Seated more than 50% of the workday
 - ☐ Light manual labor
 - ☐ Moderate manual labor
 - ☐ Heavy manual labor

Medical History

- Health Care
 - Have you been to a Chiropractor ☐ Yes ☐ No
 - Do you have a family physician ☐ Yes ☐ No
 - Date of last physical exam _____
 - Physician's name and address _____
 - Have you been hospitalized in the last 5 years? ☐ Yes ☐ No
 - Date & reason for hospitalization _____
 - Have you had surgery in the last 5 years? ☐ Yes ☐ No
 - Date & reason for surgery _____
 - Have you had a serious accident in the past 5 years? ☐ Yes ☐ No
 - ☐ Auto ☐ Work ☐ Home
 - ☐ Other _____
 - List date & describe injury _____
 - Do you have any drug allergies ☐ Yes ☐ No
 - List drugs _____
 - Are you currently taking any medication ☐ Yes ☐ No
 - ☐ Anti-inflammatory (Aspirin, Motrin, etc.)
 - ☐ Muscle Relaxants
 - ☐ Pain medication / analgesic
 - ☐ Tranquilizers
 - ☐ Antibiotics
 - ☐ Blood pressure pills
 - ☐ Birth control pills
 - ☐ Other _____
 - For what conditions are you taking medication? _____
- If you now have or you ever had one of the following illnesses, please fill in NOW HAVE or HAVE HAD.

NOW HAVE HAVE HAD	NOW HAVE HAVE HAD
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Sexually Transmitted Disease
<input type="checkbox"/> Asthma	<input type="checkbox"/> Ulcer
<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Cancer
<input type="checkbox"/> Hay Fever	<input type="checkbox"/> Polio
<input type="checkbox"/> Allergies	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Serious Injury
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Bone Fracture
<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Dislocated Joints
<input type="checkbox"/> Thyroid Trouble	<input type="checkbox"/> Spinal Disc Disease
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Multiple Sclerosis
<input type="checkbox"/> Low Blood Pressure	<input type="checkbox"/> Scoliosis
<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> Mental / Emotional Difficulty
<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Prostate Trouble
<input type="checkbox"/> HIV	<input type="checkbox"/> Kidney Trouble
<input type="checkbox"/> AIDS	<input type="checkbox"/> Other _____
<input type="checkbox"/> Other _____	<input type="checkbox"/> Other _____

Insurance Information

- Auto Related ☐ Yes ☐ No
 Work Related ☐ Yes ☐ No

Primary Insured _____
 Insurance Company _____
 Policy Number _____
 Group Number _____